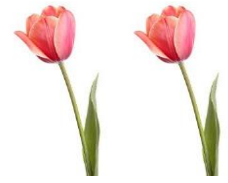


# NEWBRIDGE SURGERY

*Dedicated, Quality Care*

## SPRING NEWSLETTER 2024



### Training Practice....what does this mean?

Newbridge Surgery is proud to have GP trainers who help train the future workforce of general practice.

We currently have three Registrars. This means they are fully qualified doctors who are on their training pathway as below:

- Finish medical school as a qualified doctor
- Foundation 1 year: A series of 4 month rotations through different areas of medicine i.e. surgical, geriatric, paediatric, emergency medicine.
- Foundation 2 year: as above
- ST1 year: Their speciality has been chosen but a year is spent working in the hospital
- ST2 year: 2 x 6 month placements in general practice
- ST3 year: A 12 month placement in a general practice. Once this year is complete they are a qualified GP.

**Dr Joanna Weeks finished her GP training with us this year and we are pleased to announce she has joined us as a permanent member of the team.**

Our current registrars are:

Dr Cassie Shorten, F2 with us until end July 2024.

Dr George Kenney, ST2 with us until August 2024.

Dr Amy Gwyther, ST3 with us on an extended leadership scholarship until March 2025.

We are also supporting Megan Flint as a Trainee Nurse Associate. Nurse Associates are a new role that will be registered under the Nursing and Midwifery Council.

We also hope to have 2 business administration apprentices join the medical administration team this year.

We wish all our trainees the very best in their careers.

### SELF CARE

There are lots of things you can do at home to help manage your symptoms for minor ailments.

Our **new website** has links to resources for self care, including the Handi app which can guide parents and carers through self care for children.

Think –

**PHARMACY FIRST**

### Long Term Conditions and Birth Month Recalls



Many patients have a long term condition i.e. asthma, diabetes, heart failure or are taking a medication that requires regular monitoring. This may be a monthly blood test or an annual review.

We keep track of patients monitoring requirements with 'recalls'. This sets the date when a patient needs to be seen and can be moved forward as required. We run searches on these 'recalls' and contact patients when they need to be seen.

Many patients will only need to be seen once a year and if you have more than one condition we try to coordinate recalls. To make it easy for patients to remember we do this on your birth month i.e. if your birthday is in July we will want to see you in July each year.

This helps patients to know when we expect to see them so they can also be proactive in their care and contact us.

## GP Appointment Capacity

Current lead times for a GP routine appointment are longer than we would like. If a GP says they would like to see you again in a month please ensure you book the appointment at the time and do not wait for the month to go by.

If you are advised you need a medication review before your next prescription issue please book the appointment then and do not wait until you run out of medication.

Many routine issues are having to be dealt with urgently as the appointment is not booked at the right time. Thank you for your help.



## NHS APP

The NHS App that lets you book appointments, order repeat prescriptions and access a range of other healthcare services.

Our sincere thanks to **Dr Paul Fernley** who looked after many of you whilst he was covering Dr Lisa Belton's maternity leave.

We welcome **Dr Belton** back in April who will return working 2 days a week on a Monday and Wednesday.

Welcome **Kaarin Jorgi** who joins our **Clinical Pharmacy team**. Kaarin will be based at the surgery Monday-Wednesday and will be carrying out medication and heart failure reviews alongside answering many prescription related queries.



## Spring Covid Boosters

If you are over 75 years of age or are an adult with a condition that suppresses your immune system you can book your Covid booster vaccination at the surgery.

If you are housebound another service will be in touch to visit you at home.

Immunosuppressed children can book via the National Booking Service online.

## CAR PARK

The car park is **STRICTLY FOR PATIENT USE** while attending an appointment.

Parking in the car park for the school run or whilst attending other local venues causes patients to be unable to park which makes them late for their appointment, which in turn causes difficulties for our clinicians.

**Hospital Waiting Times:** We understand many of our patients are waiting for an appointment at the RUH. If you wish to chase an appointment please do not call us, but ring: 01225 821821



We are always looking for new members to join us and help shape how we work. Contact reception for more details.

## And a final plea .....

Our practice staff work really hard every day to help patients and they do their very best in an extremely challenging job. We are currently struggling to recruit our required number of administrative staff and as such call waits may be a little longer. Please be patient.

Scan the QR code to find out more about health and wellbeing services, support and information



**Live well**

Bath & North East Somerset

Information, support and signposting