

# NEWBRIDGE SURGERY

*Dedicated, Quality Care*

## SPRING NEWSLETTER 2026

### Bath's Community Health Navigators



Anyone in the Bath area can contact community health services through a **single point of contact - by phone on 0300 247 0200, online [www.bswcommunityservices.co.uk](http://www.bswcommunityservices.co.uk), or in writing** - without needing to go through a GP or hospital first.

In addition, as a significant first, people will now also be able to ask for help from community health services without the need to speak to a GP first, and instead be assessed and connected to the right level of support by a new team of Community Health Navigators, from self-help resources through to specialist care.

#### Self refer for:

##### ADULTS

Changes to bladder/bowel habits  
Breathing and respiratory health  
Emotional wellbeing  
Hearing  
Independence and ability to manage  
Memory or dementia  
Palliative and end of life symptoms  
New wounds and issues  
Social or financial needs  
Support for health needs if autistic or with a learning disability  
Finding out if you have ADHD  
Joint pain such as hips and knees  
Weight and much more

##### CHILDREN

Diagnostic assesment for ADHD (needs led)  
Health advice for children with a learning disability  
Life-limiting, complex or long-term nursing need  
Significant concerns about general development  
Eating, drinking and swallowing  
Hearing assessment  
Physical and/or emotional health concerns (school age)  
Speech and language needs  
Toileting  
Consideration of sleep or ADHD medication (where other support has been tried)

### Your Usual GP

All NHS patients, including children, are allocated a named accountable GP responsible for overseeing and coordinating your care. This role ensures better continuity of care but does not limit you to only seeing that specific doctor. You can still request to see any GP or clinician at the practice.

**Purpose:** To provide oversight of your overall care and ensure necessary services are delivered.

**Access:** You can ask your practice who your named GP is.

**Choice:** If you have a preference, we will try to accommodate your choice of named GP.

**Limitations:** The named GP does not have 24-hour responsibility, nor are they personally available at all times.

**New Patients:** You will be allocated a named GP when you register.

**Existing Patients:** If your usual GP changes you will be informed. If you regularly see a particular GP please let us know and where possible we will amend your usual GP to match so you benefit from continuity.



## Hayfever Season

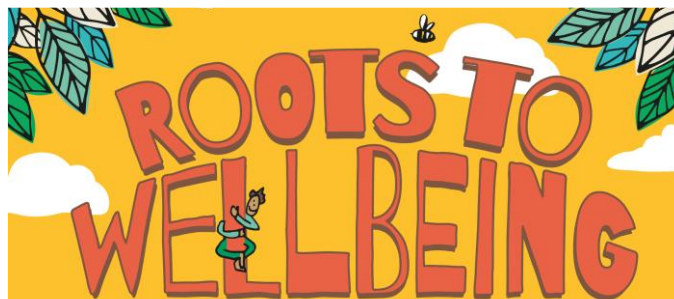


As we approach peak hayfever season, we would like to remind you that the majority of people who experience hayfever symptoms do not require a GP appointment or prescription.

Community Pharmacists are well equipped to provide advice on symptom management, including guidance on avoiding known triggers and selecting appropriate over the counter treatments.

Many effective options—such as antihistamines, nasal sprays, and eye drops—are both readily available and inexpensive, making community pharmacy the most appropriate first point of contact for most patients.

Going to your local pharmacy helps reduce demand on GP appointments, ensuring capacity is available for patients with more complex needs.



A nature-based health and wellbeing support group for anyone struggling with mental health or finding life challenging.

Free lunch, refreshments and transport provided.

Weston Rec, Bath  
Meet at the Weston Hub, Penn Hill Road

Wednesdays 10.30am – 1pm

**Sign up at:**  
[yourpark.org.uk/rootstowellbeing](http://yourpark.org.uk/rootstowellbeing)

## Choose the right service: Minor Injury Units

Minor Injuries Units (MIUs) and Urgent Treatment Centres (UTCs) treat non-life-threatening injuries such as sprains, broken bones, shallow cuts, minor burns, and animal bites. They are designed for quick care, often providing X-rays and wound care without a long A&E wait. You can also visit for minor infections and stings.

Where:

UTC adjacent to A&E at the RUH, BA1 3NG. 8am – 10pm, 7 days a week.

MIU at Trowbridge Community Hospital BA14 8LW. 8am-8pm, 7 days a week.

MIU at Chippenham Community Hospital SN15 2AJ. 8am-8pm, 7 days a week.

MIU at Paulton Memorial Hospital BS39 7SB. 8am-7pm. 7 days a week.



Please respect your fellow patient's privacy when queuing in the reception

### Hospital Waiting Times

We understand many of our patients are waiting for an appointment at the RUH. If you wish to chase an appointment please do not call us, but ring: 01225 821821

### Hospital Test Results

If you are waiting on results from the hospital please contact the relevant department.

### Fit Notes

If you have recently had surgery or a stay in hospital and require time off work, please ensure you get a Med3 (Fit note) from the relevant department as we will not issue these.

### Hospital Medication

If a consultant starts you on a medication they will issue it if an immediate start is planned. We cannot issue medication until we receive the clinic letter which can take some time. Please do not request medication straight after your hospital appointment.



### Practice Refurbishments



We continue to invest and make the surgery as welcoming and comfortable as possible for patients. We have recently taken delivery of new couches replacing the old wooden ones which could not have their height adjusted and have replaced carpet and re-decorated a GP room.

If you have any suggestions on improvements we could make please let us know.